

**NAPA POLICE DEPARTMENT
EXPANDABLE BATON COURSE
EXPANDED COURSE OUTLINE (8 HOURS)**

I. Course Goal

- A. To familiarize an Officer with the expandable baton and how to effectively use it as a force option. This course includes applicable policies and laws including use of force, deployment considerations and decision making, baton nomenclature, capabilities, maintenance, skill development and technique proficiency.

II. Learning Objectives

- A. Legal and Ethical Aspects of Force
- B. Baton/Impact Weapon Familiarization and Uses of Impact Weapons
- C. First Aid for Baton/Impact Weapon Injuries
- D. Practical – Techniques

III. Course Registration

IV. Expandable Baton Course Lecture

- A. Course Orientation
 - 1. Lecture and training facility layout
 - 2. Course schedule
 - 3. Instructor and student introductions
 - 4. Student expectations
 - 5. Course objectives
 - 6. Training and safety rules
- B. The Expandable Baton
 - 1. Expandable Baton vs. other Less Lethal options
 - 2. Advantages of the expandable baton
 - 3. Baton nomenclature and inspection
- C. Application of the Expandable Baton
 - 1. Goal when using a baton
 - 2. Multiple strikes and long confrontation issues
 - 3. General use guidelines
 - a. Policy
 - b. POST LD 33
 - 4. Graham v. Conner
 - a. Objective reasonableness
 - b. Reasonable Officer Standard
 - 5. Other case law decisions
 - 6. Federal Law and State Law
 - a. Title 18, U.S.C., section 242
 - b. Penal Code section 835a
 - 7. Excessive force and officer intervention
 - a. Failure to Intervene
 - 8. Liability
 - a. Criminal
 - b. Civil
 - c. Departmental
 - 9. Suggested striking areas and areas to avoid
 - a. Policy
 - 10. Striking areas
 - a. Arms
 - b. Legs
 - c. Center body mass
 - 11. Areas to avoid

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- a. Head
 - b. Neck
 - c. Spine
 - d. Groin
 - e. Kidneys
 - f. Heart
- 12. First aid considerations
 - a. Responsibility
 - b. Administer first aid when safe
 - c. Obtain further medical assistance as needed
 - d. Policy
- D. De-Escalation
 - 1. De-escalation techniques
 - 2. Active listening
 - 3. Verbal Commands
- E. Documentation
 - 1. Evidence collection
 - 2. Report writing

V. Basic Physical Skills Training

- A. Warm up and stretching
 - 1. Reduces injuries
 - 2. Improves blood flow
- B. Basic Stretching Techniques and Warm up
- C. Balance and Stances
 - 1. Field Interview Stance
 - 2. Self Defense Stance
 - 3. Transitional F.I. to Self Defense Stance drills
- D. Footwork and Patterns of Movement
 - 1. Shuffle step
 - a. Forward
 - b. Back
 - c. Left
 - d. Right
 - 2. Shuffle pivot
 - a. 10-7 footwork
 - b. 2-5 footwork
 - 3. Footwork drills
- E. Carrying and Drawing the Expandable Baton
 - 1. Equipment placement considerations
 - a. Front
 - b. Side
 - c. Rear
 - 2. Straight draw
 - 3. Cross draw
 - 4. Drawing and re-holstering drills
- F. Expanding and Closing the Expandable Baton
 - 1. Primary method of opening/expanding
 - a. To the ground
 - 2. Secondary method of opening/expanding
 - a. Pull to open
 - 3. Primary method of closing/collapsing
 - a. Telescopic
 - 4. Secondary method of closing/collapsing

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- a. Tap and Roll
- 5. Expanding and closing drills
- G. Closed Baton Ready Positions (closed baton in hand)
 - 1. Field Interview position (low profile/cover)
 - a. Concealed behind
 - b. Exposed in front
 - 2. Self Defense ready position
 - a. One hand ready position
 - 3. Transition drills from F.I. to Self Defense ready positions
- H. Open Baton Ready Positions (open baton in hand)
 - 1. Field Interview (low profile/cover officer)
 - a. Behind leg
 - b. In front at waist level
 - 2. Self Defense Stance
 - a. Primary strike position
 - 3. Transition drills from F.I. to Self Defense ready positions

VI. Physical Skills Training/Drills

- A. Threat Separation and Baton Expanding Drill
 - 1. Wall/Dummy Drill
 - a. Empty Hand
 - 2. Wall/Dummy Drill
 - a. To baton draw and expansion
- B. Closed Mode Strikes
 - 1. One hand hammer strike
 - a. Standard vs. window breaker end cap
 - 2. One hand punch
 - 3. Closed baton strike bag drills
- C. Open Baton Strikes
 - 1. Power strikes
 - a. One hand
 - b. Two hand
 - 2. Clearing swing
 - 3. Open mode strike bag drills
- D. Baton Jabs
 - 1. Two handed baton jab
 - a. Front
 - b. Rear
 - 2. Two handed diagonal push block
 - 3. Baton jab bag drills
- E. Baton Retention
 - 1. Figure 8 retention
 - 2. Retention drills
- F. Weapons Transition Drills
 - 1. Threat assessment
 - a. Escalation
 - b. De-escalation

VII. Dynamic Training Drill

- A. Gauntlet Drill
 - 1. All baton skills performed at five or more strike bag stations
 - 2. Targets remain static/student is in motion
 - 3. Maintain proper baton skills while increasing heart rate/stress

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VIII. Testing

- A. Physical Performance Skills Test (evaluated and documented during gauntlet drill)
 - 1. Stances and patterns of movement
 - 2. Drawing, expanding, and closing baton
 - 3. Closed baton strikes
 - 4. Open baton strikes
 - 5. Jabs, blocks, and retention
- B. Written examination

IX. Course Conclusion

- A. Instructor/Course evaluation
- B. Course Debrief
- C. Certificate

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HOURLY DISTRIBUTION

<u>TIME</u>	<u>SUBJECT</u>
0800-0820	Registration, introductions, course objectives, training safety
0820-0840	Expandable baton introduction, baton nomenclature and inspection
0840-0920	Application of baton – justification, policy, legal aspects, and liability
0920-0940	Suggested striking areas and areas to avoid/ First Aid considerations
0940-1000	De-escalation/ Use of force documentation
1000-1015	Warm-up and stretching
1015-1035	Balance, stances and footwork
1035-1100	Carrying & drawing baton
1100-1200	Expanding & closing baton, ready positions, weapons transition drills
1200-1300	Lunch
1300-1315	Warm-up and stretching
1315-1500	Open and closed mode striking techniques
1500-1600	Jab strikes and baton retention techniques
1600-1630	Dynamic Motion Training Drill/ Physical Performance Skills Test
1630-1700	Written exam, course evaluations, certificates

Primary Instructors:

Secondary Instructors: