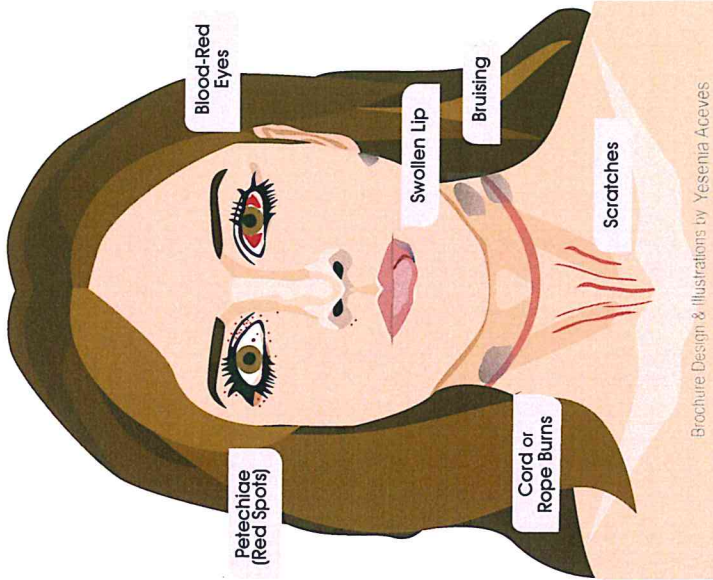


Strangulation

Visible Signs



Additional Signs and Symptoms

A larger version of the graphic above which contains detailed signs and symptoms is available for download at <https://www.strangulationtraininginstitute.com/Esperanza>

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Strangulation has only recently been identified as one of the most lethal forms of domestic violence. **unconsciousness may occur within seconds and death within minutes.** When domestic violence perpetrators "choke" (strangle) their victims, not only is this a felonious assault, but it may be an attempted homicide. Strangulation is an ultimate form of power and control, where the batterer can demonstrate control over the victim's next breath; having devastating psychological effects or a potentially fatal outcome.

Sober and conscious victims of strangulation will first feel terror and severe pain. If strangulation persists, unconsciousness will follow. Before lapsing into unconsciousness, a strangulation victim will usually resist violently, often producing injuries of their own neck in an effort to claw off the assailant, and frequently also producing injury on the face or hands to their assailant. These defensive injuries may not be present if the victim is physically or chemically restrained before the assault.

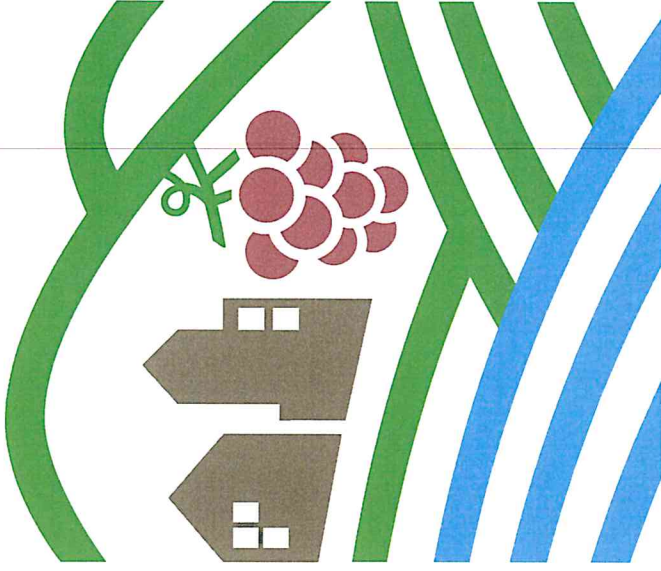
Observing Changes

Documentation by photographs sequentially for a period of days after the assault is very helpful in establishing a journal of physical evidence.

Victims should also seek medical attention if they experience difficulty breathing, speaking, swallowing or experience nausea, vomiting, lightheadedness, headache, involuntary urination and/or defecation, especially pregnant victims. A medical evaluation may be crucial in detecting internal injuries and saving a life.

Losing Consciousness

Victims may lose consciousness by any one or all of the following methods: blocking of the carotid arteries in the neck (depriving the brain of oxygen), blocking of the jugular veins (preventing deoxygenated blood from exiting the brain), and closing off the airway, making breathing impossible.



CITY OF NAPA

Facts Victims of Strangulation(Choking) Need to Know

NEWS
Domestic Violence & Sexual Assault Services
1141 Pear Tree Ln # 220
Napa, CA 94558
Emergency: 9-1-1
NEWS: (707) 255-6397